

## FENCING AT FAIR FIELD

*THE SPORT OF FENCING IS A GAME OF  
PHYSICAL CHESS PLAYED AT LIGHTENING  
SPEED*

*The sword is one of the oldest types of weapon and throughout history a whole variety of shapes and sizes have been used. Fencers would go to a fencing master and using a light flexible sword, learn how to develop their speed and dexterity combined with technique in order to deliver a fatal thrust to their opponent. Having no shield to protect themselves it was necessary to learn how to use the sword as a means of defence as well as attack. As an Olympic sport, the intent of modern fencing is clearly less hostile than its origins. Fencers score 'hits' to their opponents target area, the winner being the first to score (usually) 5 hits.*

*Fencing is very popular with children and it is a great way for them to develop their reaction and perception skills as well as general co-ordination and spatial awareness. All children can benefit from the discipline that this sport provides and we now have some availability in the classes at Fair Field School.*

*The class runs on Tuesday's from 3.15pm – 4.15pm . The sessions are bookable on a termly basis at a cost of £7.00 per child per session. All fencing equipment is supplied and children will be wearing the necessary protective clothing and will not be left unattended with fencing equipment. To express your interest in the classes please would you e-mail [specialistsports@live.co.uk](mailto:specialistsports@live.co.uk) with details of your child's name and the year group that they are in. Please register interest by Friday 30<sup>th</sup> July. Please also direct any questions to the above e-mail address and not the school office.*

*Unfortunately numbers are limited so entry onto the course is on a first come first served basis.*

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