Fair Field Junior School

FAIR FIELD JUNIOR SCHOOL www.fairfield.herts.sch.uk

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Executive Headteacher: Mrs A Aharon **Head of School:** Mrs C Goodwin Assistant Head of School: Mrs D. O'Sullivan

Thursday 2nd February 2023

Feeling Good Week

Monday 6th – Friday 10th February 2023

Dear Parents & Carers,

Feeling Good Week is a Hertfordshire-wide event that encourages schools and the wider community to promote children and young people's emotional wellbeing by raising awareness of mental health and showing where help can be found within communities.

Over the course of the week, children and staff will be taking part in a range of activities focusing on the theme 'Be Kind and Connect'.



On Friday, we will be holding a non-uniform day where children can come in wearing comfortable clothes.

Tuesday 7th February

As part of Safer Internet Day the children will be covering a wide range of age related topics around keeping safe online; including online gaming, the use of YouTube and the sharing of information.

You can read more here.



Coordinated by the UK Safer Internet Centre

saferinternetday.org.uk

https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/top-tips-for-parents-andcarers?utm_medium=email&utm_campaign=7%20days%20until%20Safer%20Internet%20Day&utm_conte nt=7%20days%20until%20Safer%20Internet%20Day+CID_18198486fcbc3a61b96ad2a36c24cd8d&utm_sou rce=Campaign%20Monitor&utm_term=advice%20for%20parents%20and%20carers

Kind Regards

Mrs Goodwin Head of School

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