



Fair Field Junior School

Watford Road, Radlett, Hertfordshire, WD7 8LU

01923 856341

Email: admin@fairfield.herts.sch.uk

www.fairfield.herts.sch.uk

Headteacher: Mrs Leggett

Assistant Head of School: Mrs O'Sullivan

Tuesday 10th June 2025

Sex and Relationships Education (SRE) – Summer Term

Dear Parents and Carers,

As part of our Science and PSHE (Personal, Social, Health and Economic) curriculum, we will be teaching Sex and Relationships Education (SRE) to Year 5 and Year 6 pupils this half-term using the Jigsaw PSHE scheme. These lessons are age-appropriate, factual, and designed to support children's physical, emotional and social development as they grow up and prepare for secondary school.

We understand the importance of children receiving clear, accurate information in a safe and supportive environment. All pupils will be encouraged to ask questions and these will be answered sensitively and factually, using correct vocabulary. To enable you to have a clear understanding of the Science and PSHE curriculum this term, I have laid out below a guide to the lessons being taught and in what area of the curriculum they are being taught.

Year 5 Overview

Lesson	Science Focus	Jigsaw PSHE Focus	Right to Withdraw from PSHE?
1	Stages of growth & development	Self-image	No (statutory)
2	Gestation & sperm/egg	Puberty in boys	Yes
3	Puberty for girls and boys	Puberty in girls	Yes
4	Growth & gestation in animals	Relationships and starting families	Yes
5	Changes as we grow older	Looking ahead to being a teenager	No (statutory)
6	—	Transition to Year 6	No (statutory)

Year 6 Overview

Lesson	Jigsaw PSHE Focus	Right to Withdraw?
1	Self-image and self-esteem	No – Statutory
2	Understanding emotional and physical changes during puberty	No – Statutory
3	Human reproduction and relationships	Yes
4	Respect in relationships and resisting pressure (including sexting)	No – Statutory
5	Positive self-esteem and challenging negative body-talk	No – Statutory
6	Preparing emotionally for the transition to secondary school	No – Statutory



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You may find that your child starts asking questions about the topic, or you might want to take the opportunity to talk to your child about the subject before we teach it. Here are a couple of different books which can help facilitate conversations:

- What's happening to me? (Boys) by Alex Frith
- What's happening to me? (Girls) by Susan Meredith
- You are Awesome by Matthew Syed
- You are a Champion by Marcus Rashford

If you are happy for your child to take part in the non-statutory aspects of the curriculum, you do not need to do anything. If you wish to withdraw your child from any non-statutory lessons, then you need to reply to this email by Monday 16th June 2025 telling us that your child must be withdrawn and from which lesson.

If you have any questions, please contact Mrs Parmar (PSHE Subject Leader) or the class teachers via the school admin inbox. Thank you for your support in helping us prepare your child for the changes and challenges ahead.

Kind regards

Mrs O'Sullivan

Assistant Head of School